



# HUNGRY PEOPLE IN NEW MEXICO

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## **40,000 NEW MEXICANS ARE SEEKING FOOD ASSISTANCE EACH WEEK**

- 40% OF NEW MEXICANS WHO ARE SERVED FOOD ASSISTANCE ARE CHILDREN UNDER THE AGE OF 18
- 7% OF THOSE NEW MEXICAN CHILDREN ARE UNDER THE AGE OF 5
- 13% OF THE PEOPLE SEEKING FOOD ASSISTANCE IN NEW MEXICO ARE SENIOR CITIZENS

## **MYTH:**

**PEOPLE NEEDING FOOD ASSISTANCE ARE HOMELESS OR OUT OF WORK**

## **REALITY:**

- NEW MEXICO IS ONE OF THE HIGHEST STATES FACING FOOD INSECURITY AT 21.2%
- 31.7% OF PERSONS UNDER THE AGE OF 18 LIVE IN POVERTY
- 32% OF HOUSEHOLDS SEEKING EMERGENCY FOOD ASSISTANCE INCLUDE AT LEAST ONE EMPLOYED ADULT
- 8% OF THE PEOPLE SEEKING ASSISTANCE ARE HOMELESS
- WHILE THOUSANDS OF NEW MEXICANS RECEIVE ASSISTANCE THROUGH SNAP (SUPPLEMENTAL NUTRITIONAL ASSISTANCE PROGRAM), THOSE FUNDS ONLY PROVIDE 2.3 WEEKS OF GROCERIES
- NEW MEXICO RANKS 2ND IN THE NATION ON SENIOR HUNGER

## **DIFFICULT CHOICES FACING NEW MEXICANS:**

- 54% OF SURVEYED CLIENTS REPORT HAVING TO CHOOSE BETWEEN PAYING FOR FOOD AND PAYING FOR UTILITIES OR HEATING FUEL
- 38% HAD TO CHOOSE BETWEEN PAYING FOR FOOD OR PAYING THEIR RENT OR MORTGAGE
- 45% HAD TO CHOOSE BETWEEN PAYING FOR FOOD OR PAYING FOR MEDICINE OR MEDICAL CARE
- 42% HAD TO CHOOSE BETWEEN PAYING FOR FOOD OR PAYING FOR TRANSPORTATION